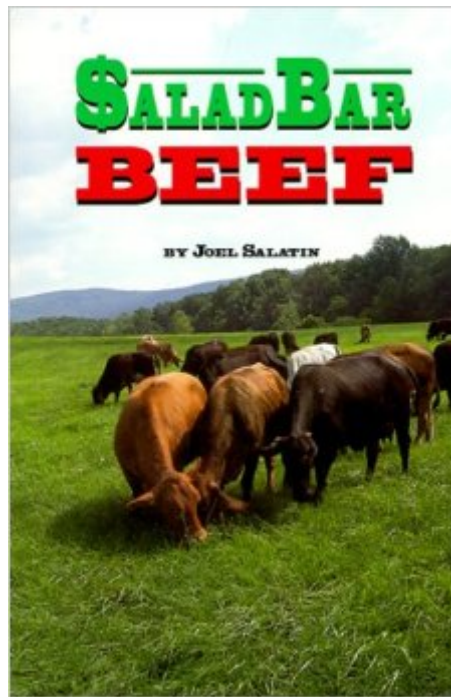


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# Salad Bar Beef



## Synopsis

In a day when beef is assailed by many environmental organizations and lauded by fast-food chains, a new paradigm to bring reason to this confusion is in order. With farmers leaving the land in droves and plows poised to "reclaim" set-aside acres, it is time to offer an alternative that is both land and farmer friendly. Beyond that, the salad bar beef production model offers hope to rural communities, to struggling row-crop farmers, and to frustrated beef eaters who do not want to encourage desertification, air and water pollution, environmental degradation and inhumane animal treatment. Because this is a program weighted toward creativity, management, entrepreneurship and observation, it breathes fresh air into farm economics.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (59 customer reviews)

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## Customer Reviews

I have read this book and *All Flesh is Grass* by Gene Logsdon as well as other books on the topic. They all offer different perspectives on basically the same topic, and Salatin and Logsdon are the books for beginners. Salatin is what I would call a production scale farmer, not small scale. He is managing hundreds of acres and animals. Logsdon is much more small scale. This colors their opinions. Pick the one that is closer to your situation. Logsdon is also a far more entertaining and talented writer in my opinion. One of the most important things to remember about book like this is that 1) they contain opinions 2) these opinions are formed from circumstances that may very well be different from your own 3) people who write books like this think they know everything, and furthermore, know better than experts as recognized by the government and the universities. For example, Salatin gives his cattle a soap called Shaklee Basic H as a wormer. Shaklee is a

multi-level-marketing company (like Scamway); they do not reveal the ingredients of Basic H because it is a "trade secret." So, Salatin, a "beyond organic" (his words, not mine) farmer is having his cows ingest soap of which he knows not the ingredients. I guess we just have to take Shaklee's word for it--except Shaklee DOESN'T endorse this practice of feeding their soap to livestock. Salatin will go on to give opinions on all sorts of things--round bales mold (no they don't if the hay is cured properly before baling). Just dig a hole in the ground anywhere to put a pond and water your animals with it (no provision made for monitoring water quality, or consideration given to soil permeability or watershed size).

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